## **Hearing Loss/Disorders:**

At birth, humans can hear over the frequency range 20 Hz - 20 KHz.

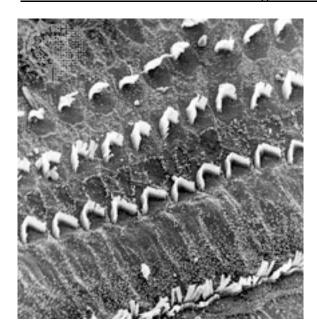
As we grow older, we experience "natural" hearing loss (Presbycusis), particularly in the higher frequency range. (See age-related hearing plots below...)

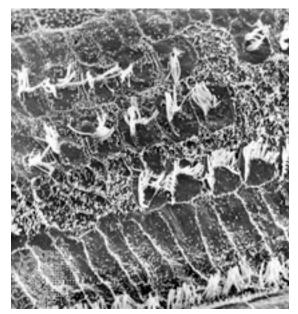
Very <u>loud</u> sounds can temporarily and/or permanently damage sensitive hearing nerves in the cochlea. Repeated acoustic trauma can cause permanent (and profound) hearing loss or deafness.

If you have ever experienced a temporary hearing loss due to loud sounds – you have had a warning! n.b. the <u>stereocilia</u> do regenerate (daily), but if the hair cells are damaged/die, there is <u>no</u> regrowth of hair cells!

- \* tinitis ringing in the ears (can be due to more than one cause)
- \* ear infections can also lead to hearing loss, especially in young children & infants.
- \* loud explosions (artillery shells military)
- \* determining factor of damage to hearing is <u>product</u> of exposure time × loudness level
- \* Hearing loss due to <u>over-stimulation</u> of hair cells causes excito-toxicity too much Ca<sup>2+</sup> poisons neurons in the auditory nerve...

## Extreme Acoustic Trauma - Guinea Pig Stereocilia Damage to 120 dB Sound Pressure Levels:





Before Exposure

After Exposure

Protect your hearing – it's all you've got!!!