Sound Intensity & Human Hearing:

The human ear is exquisitely sensitive to detecting sounds $(n.b.$ dogs hear $\sim 100 \times$ better!) Due to this large dynamic range, our ears have an \sim *logarithmic* response to sound intensity.

Sound Intensity, *I* (*RMS Watts/m*²) $\propto \xi^2_{rms}$ (*RMS* particle displacement amplitude)² as well as: $I \propto u^2_{rms}$ (*RMS* particle velocity amplitude)² as well as: $I \propto p^2_{rms} (RMS)$ over-pressure amplitude)²

The relationship of the {magnitude of the} *RMS* sound intensity at a given point \vec{r} in a sound field associated *e*.*g*. with monochromatic/pure-tone sine-type travelling plane waves propagating in free air (*i*.*e*. the great outdoors) to the above quantities is:

$$
I_{\scriptscriptstyle rms}(\vec{r},t) = p_{\scriptscriptstyle rms}^2(\vec{r},t)/\rho_{\scriptscriptstyle o}c = \rho_{\scriptscriptstyle o}c \cdot u_{\scriptscriptstyle rms}^2(\vec{r},t) = \rho_{\scriptscriptstyle o}c \cdot \omega^2 \xi_{\scriptscriptstyle rms}^2(\vec{r},t) = c w_{\scriptscriptstyle rms}^{ac}(\vec{r},t)
$$

where:

 $p_{rms}(\vec{r}, t) = RMS$ over-pressure amplitude (*RMS Pascals*) at the point \vec{r} ρ_o = equilibrium mass density of dry air (@ *NTP*) = 1.204 *kg/m*³ $c = v_{air}$ = longitudinal propagation speed of sound in dry air = 343 *m/s* (@ *NTP*) $u_{rms}(\vec{r}, t)$ = so-called *RMS* longitudinal particle velocity amplitude (*RMS m/s*) at the point \vec{r} $\omega = 2\pi f$ = angular frequency (*radians*/*sec*), f = frequency (*Hz*) $\zeta_{rms}(\vec{r}, t) = RMS$ longitudinal particle displacement amplitude (*RMS meters*) at the point \vec{r} .

The *RMS* acoustic energy *density* (*Joules/m*³) at the point \vec{r} is given by:

$$
w_{rms}^{ac}(\vec{r},t) = p_{rms}^{2}(\vec{r},t)/\rho_{o}c^{2} = \rho_{o}u_{rms}^{2}(\vec{r},t) = \rho_{o}\omega^{2}\xi_{rms}^{2}(\vec{r},t)
$$

The quantity $z(\vec{r}) = p_{rms}(\vec{r})/u_{rms}(\vec{r})$ $(Pa-s/m)$ is known as the *specific acoustic impedance* of the medium, which for monochromatic plane waves propagating in a free air sound field is a constant (*i.e.* independent of frequency): $z_{ac}^{free\ air} \equiv z_o = \rho_o c \approx 415 \ kg/m^2 \cdot sec = 415 \Omega_{ac}$ (@ *NTP*).

Thus, we also see that for such plane waves propagating in a free-air sound field that:

$$
I_{\scriptscriptstyle rms}(\vec{r},t) = p_{\scriptscriptstyle rms}(\vec{r},t) \cdot u_{\scriptscriptstyle rms}(\vec{r},t) = p_{\scriptscriptstyle rms}^2(\vec{r},t)/z(\vec{r}) = u_{\scriptscriptstyle rms}^2(\vec{r},t) \cdot z(\vec{r}) = c w_{\scriptscriptstyle rms}^{ac}(\vec{r},t).
$$

Note that *RMS* quantities are frequently/often used in acoustical (and other) physics because for a pure-tone/single-frequency sine wave-type sound, they conveniently correspond to the *timeaveraged* value of that quantity:

$$
\langle I \rangle = \frac{1}{\tau} \int_{\text{cycle}} I(t) dt = \frac{1}{2} I_{\text{peak}} = I_{\text{rms}} \propto \frac{1}{\tau} \int_{\text{cycle}} p^2(t) dt = \frac{1}{\tau} p_o^2 \int_{\text{cycle}} \sin^2 \omega t dt = \frac{1}{\tau} \frac{1}{2} p_o^2 = \frac{1}{\tau} p_{\text{rms}}^2
$$

prms = *RMS* (*R*oot-*M*ean-*S*quare) of sound (over-)pressure amplitude (*RMS Pascals* = *RMS Newtons*/*m*²)

For a pure-tone (*i.e* single-frequency) sine wave:
$$
p_{rms} \equiv \frac{1}{\sqrt{2}} p_o \iff p_{rms}^2 \equiv \frac{1}{2} p_o^2 = \left\langle p_o^2 \right\rangle
$$