

Angular Momentum & Uncertainty Principle

Note that $L^2 = l(l+1)\hbar^2$ not $(l\hbar)^2$

Also, we describe angular momentum using only two numbers, l and m .

Q: Why can't we specify all three components (e.g., $L = (0,0,l)$) so that $L^2 = l^2$?

A: The uncertainty principle doesn't allow us to know that both $L_x = 0$ and $L_y = 0$ unless $L_z = 0$ also.

Proof by contradiction: Assume $L = (0,0,l)$.

$\vec{L} = \vec{r} \times \vec{p}$, so if L points along the z-axis, both r and p lie in the x-y plane. This means that $\Delta z = 0$ and $\Delta p_z = 0$, violating the uncertainty principle.

Thus, L must have a nonzero L_x or L_y , making L^2 somewhat larger.

We can't specify all three components of the angular momentum vector.

This logic only works for $L \neq 0$. $L = (0,0,0)$ is allowed. It's the s-state.

All physical quantities are subject to uncertainty relations, not just position and momentum.