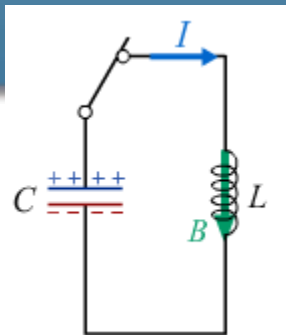


# Physics 212

## Lecture 19



Today's Concepts:

- A) Oscillation Frequency
- B) Energy
- C) Damping

