## Internal Energy and Temperature

- All objects have "internal energy" (measured in Joules)
  - >random motion of molecules
    - » kinetic energy
  - collisions of molecules gives rise to pressure
- Amount of internal energy depends on
  - → temperature
    - » related to average kinetic energy per molecule
  - how many molecules
    - » mass
  - "specific heat"
    - » related to how many different ways a molecule can move
      - translation
      - rotation
      - vibration
    - » the more ways it can move, the higher the specific heat