Center of Mass

$$P_{tot} = M_{tot}V_{cm}$$
 $F_{ext}\Delta t = \Delta P_{tot} = M_{tot}\Delta V_{cm}$

So if
$$F_{ext} = 0$$
 then V_{cm} is constant

Also:
$$F_{ext} = M_{tot}a_{cm}$$

Center of Mass of a system behaves in a SIMPLE way

- moves like a point particle!
- velocity of CM is unaffected by collision if $F_{ext} = 0$

(pork chop demo)