

Overview of Semester

- Newton's Laws

- $\Sigma F = m a$

- Work-Energy

- $\Sigma F = m a$ multiply both sides by d

- $\Sigma W = \Delta KE$ Energy is “conserved”

 - Useful when know Work done by forces

- Impulse-Momentum

- $\Sigma F = m a$ multiply both sides by Δt

- $\Sigma I = \Delta p$ Momentum is “conserved”

 - Useful when **EXTERNAL** forces are known

 - Works in each direction independently