

- \mathbb{R} — the real numbers
- \mathbb{Q} — the rational numbers
- \mathbb{Z} — the integers
- \mathbb{N} — the natural numbers (positive integers)
- $a\mathbb{Z}$ — multiples of a
- $\mathbb{R}_{\geq 4} = [4, \infty)$
- $\mathbb{Z}_{\geq 4} = [4, \infty) \cap \mathbb{Z} =$ all integers 4 or bigger