Proof.

Let

$$Q(k) = P(1) \wedge P(2) \wedge \cdots \wedge P(k).$$

Then do regular induction on Q. Q(1) = P(1) and P(1) is true by assumption. Assume that Q(k) is true. By the assumptions of the theorem,

$$Q(k) \implies P(k+1),$$

and by the lemma

$$Q(k) \implies Q(k) \wedge P(k+1) \iff Q(k+1).$$

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So we have Q(1) is true and $Q(k) \implies Q(k+1)$, so by vanilla induction, $\forall n \in \mathbb{N}, Q(n)$. But since $Q(n) \implies P(n)$, this gives $\forall n \in \mathbb{N}, P(n)$.