Type 3: Magnitude

For small enough ζ (below $1/\sqrt{2}$), the magnitude of

$$\frac{1}{\left(\frac{j\omega}{\omega_n}\right)^2 + 2\zeta\frac{j\omega}{\omega_n} + 1}$$

has a resonant peak at the resonant frequency

$$\omega_r = \omega_n \sqrt{1 - 2\zeta^2}.$$

Likewise, the magnitude of

$$\left(\frac{j\omega}{\omega_n}\right)^2 + 2\zeta \frac{j\omega}{\omega_n} + 1$$

has a resonant dip at ω_r .