One Video Contains a Huge Amount of Information

So one image requires **6,220,800 Bytes = 5.9 MB**.

What about a one-hour recorded lecture with 24 images every second?

3600 seconds × **24** images / second × **5.9** MB / image

= **501 GB!!!**

That's why we don't usually send videos through e-mail: it's a lot of information!

(And why I don't include a video example in these slides: the slides are only a few MB!)