

Summary of Balanced BST

AVL Trees

- Max height: $1.44 * \lg(n)$
- Rotations:
 - Zero rotations on find
 - One rotation on insert
 - $O(h) == O(\lg(n))$ rotations on remove

Red-Black Trees

- Max height: $2 * \lg(n)$
- Constant number of rotations on insert (max 2), remove (max 3).