How to approach a proof by induction

Let N^{≥n₀} = {n ∈ N|n ≥ n₀}. Find a way of defining a logical statement P(n) (that depends on a parameter n) so that what you want to prove is:

$$\forall n \in \mathbb{N}^{\geq n_0}, P(n)$$

- Prove the base case: show $P(n_0)$ is true
- Say "Let N be arbitrary".
- State the Inductive Hypothesis: "P(N) is true"
- Show that $P(N) \rightarrow P(N+1)$
- Point out that N was arbitrary so the result holds for all $N \ge n_0$.

Optional: say "Q.E.D."