Cardinality of infinite sets

We will say that |X| = |Y| if $\exists f : X \to Y$ where f is a bijection.

A set X is **countably infinite** if there is a bijection from X to \mathbb{N} . Using the prior notation, we say X is countably infinite if $|X| = |\mathbb{N}|$.

A set is **countable** if it is finite or countable infinite.

We will prove that $|\mathbb{N}| = |\mathbb{Z}| = |\mathbb{Z}^+|$ (where $\mathbb{N} = \{0, 1, 2, \ldots\}$).